

PELVIC HEALTH CENTER CLINICAL OVERVIEW



Compassionate patient-centered care driven by a multidisciplinary team of experts.

The UW Medicine Pelvic Health Center provides comprehensive and compassionate patient-centered care for routine and complex pelvic floor conditions, consolidating services from a variety of disciplines including: female urology, urogynecology, colorectal surgery, gastroenterology, physical therapy and rehabilitation. Our healthcare professionals are nationally-recognized and board-certified in their respective fields with a level of expertise that allows us to offer a wide array of services at both UW Medical Center and the Eastside Specialty Center. We provide a collaborative and multidisciplinary approach to the diagnosis, consultation and treatment of: urinary incontinence, bladder dysfunction, constipation and other defecation difficulties, fecal incontinence, pelvic organ prolapse (including uterine, cystocele, rectocele, enterocele and rectal prolapse), pelvic pain, and female sexual dysfunction.

Diagnostic services

- physical exams (including comprehensive pelvic exam)
- on-site cystoscopy
- non-invasive bladder residual assessment
- multichannel urodynamics with or without video fluoroscopy
- cine (fluoroscopy) and MRI defecography
- pelvic floor ultrasound: anorectal, transvaginal and perianal
- anorectal manometry
- electromyographic pudendal nerve testing
- peripheral nerve evaluation for neuromodulation
- gastrointestinal motility and functional studies

(over)



For referral or appointment

Call the UW Medicine Contact Center at **206.520.5000**.

Non-surgical therapeutic services

- counseling and education for bladder and bowel re-training
- physical therapy for the pelvis and pelvic floor
- pelvic floor rehabilitation and biofeedback
- percutaneous tibial nerve stimulation
- medications
- pessaries

Urology, urogynecology and colorectal surgery treatments

- sling and suspension procedures for urinary and fecal incontinence
- urethral and anal sphincter bulking agents
- bladder Botox
- neuromodulation: InterStim
- artificial urinary sphincter
- pelvic organ prolapse reconstruction
 - transvaginal
 - perineal
 - transabdominal (laparoscopic and robotic)
- diverticulectomy
- fistula repair (including vesicovaginal and rectovaginal repairs)
- World-class academic medicine



The UW Medicine Pelvic Health Center draws on experienced specialists across several medical and surgical domains so that each patient may benefit from multiple knowledgeable perspectives to determine the best course of care. The center conducts patient-centered outcomes research and offers continuing medical education for healthcare professionals with hands on opportunities for surgical and procedural proctoring and residency programs in urology, obstetrics and gynecology, surgery and medicine. Our vision is to be recognized as the premier state-of-the-art facility in advanced diagnostics, innovative treatment and progressive research for all types of pelvic floor disorders.