Become a Transplant Mentor

Mentoring is a rewarding way to give back to the transplant community. The UW Medicine mentor program is a valuable and unique group of individuals that provide information, guidance, and emotional support to those involved in the transplant journey.

YES! I want to learn more about the Transplant Mentor Program.

For more information about the Transplant Mentor Program at UWMC, please send an email to our transplant team at:

uwmedicinetransplant@uw.edu

YES! I want to become a Transplant Mentor.

If you are interested in becoming a Mentor, please write your name and email address below and give this brochure to your social worker:

Name:_

Email:_

UW Medicine

Transplant Mentor Program

UW Medical Center – Montlake

Transplant Mentors at UW Medical Center – Montlake volunteer their time to meet with, talk with, and support patients and their families who are currently going through the transplant process.



UW Medicine

UW MEDICINE is committed to Patient and

- Family Centered Care. By strengthening our
- partnerships with our care providers, patients,
- and their families, we are able to better

understand the perspectives and needs of

those we serve.

Transplant Mentors are patient and family

volunteers who work with UW Medicine

transplant care providers and team members

to improve the healthcare experience for

everyone.

What is the Transplant Mentor Program?

This program provides a way for post-transplant patients and their families to support others who are on their own transplant journey. Mentors volunteer their time to meet with, talk with, and support patients and their families who are currently going through the transplant process.

Who can be a Mentor?

Anyone who has had transplant surgery at UW Medical Center can be a Transplant Program Mentor. Family members of transplant patients can also be Mentors.

All Mentors volunteer two or more hours each month to support other transplant patients and their families.

What are the qualities of a Mentor?

A successful Mentor:

- Shares insights and their personal experience in productive ways
- Respects diversity and differing opinions
- Sees beyond their own personal experience
- Listens well
- Has passion for enhancing the healthcare experience



How will I know what to do?

If you decide to be a Mentor, you will take part in a training program that will prepare you for this new role. The training covers a variety of topics. It will teach you how to be effective when talking with and supporting transplant patients and their families.

Who do I contact if I want to become a Mentor?

Tell your social worker that you want to volunteer to be a Mentor for Transplant Services. Our Mentor Program leader will contact you and set up your training.

What is Patient and Family Centered Care?

Patient and Family Centered Care is a vital part of UW Medical Center's Mission Statement. It is an approach to healthcare that actively engages patients and their families as partners to shape hospital policies, programs, and day-to-day care interaction. This partnership leads to better health outcomes and greater patient and family satisfaction.

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