



# Rural Residency and Teaching Health Center Program Development

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A partnership between



# Partners and Key Stakeholders



**AAMC** Association of American Medical Colleges

 **AMERICAN INDIAN**  
MEDICAL EDUCATION STRATEGIES

 **AAFP**

**ATSU** | A.T. Still University  
FIRST IN WHOLE PERSON HEALTHCARE



  
**NOSORH**

 NATIONAL ASSOCIATION OF  
Community Health Centers

 **AHEC** NATIONAL AHEC ORGANIZATION

  
**3RNET**

**NN $\infty$ HA**  
National Network for Oral Health Access



 **NARHC** NATIONAL ASSOCIATION OF  
RURAL HEALTH CLINICS

**PKFHealth, LLC**

 **HPI** Health Policy  
Institute  
ADA American Dental Association®

 **RHIhub**

**EHCI** THE EDUCATION  
HEALTH CENTER  
INITIATIVE

 American Association of  
Directors of Psychiatric  
Residency Training

**aacom**®  
AMERICAN ASSOCIATION OF  
COLLEGES OF OSTEOPATHIC MEDICINE

 **McDermott+**  
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 **HALL  
RENDER**  
ADVISORY SERVICES



 **STFM**  
SOCIETY OF TEACHERS OF  
FAMILY MEDICINE

**RPS** Residency  
Program  
Solutions.  
Family Medicine Expertise. Trusted Results.

NATIONAL  
COUNCIL  
for Mental  
Wellbeing®

**THE GME INITIATIVE**  
MEDICAL EDUCATION  
FOR AMERICA'S HEALTH



 **ACOG**  
The American College of  
Obstetricians and Gynecologists

**WIPFLI**

**ADFM** Association of  
Departments of  
Family Medicine  
VISION, VOICE, LEADERSHIP

  
**ACGME**

 American Association of  
Teaching Health Centers

  
American  
Hospital  
Association.

 **The RTT Collaborative**  
Growing our own...together

 **NRHA**

**CODA**  
Commission on Dental Accreditation

 **RuralGME.org**

 **THCGME.org**



# Disclaimer

- RRPD-TAC is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) under cooperative agreement #UK6RH32513.
- THCPD-TAC is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) under cooperative agreement #U3LHP45321-01-00.
- The content are those of the presenters and do not necessarily represent the official views of, nor an endorsement, by HRSA, HHS, or the U.S. Government.



# Goals

- Describe the outcomes and needs for targeted GME
- Review the Rural Residency Program Development Program
- Review the Teaching Health Center GME Program
- Describe residency development resources



# Needs

- Social Mission of Medical Schools
- Improving the health of the population
- Where do they come from
  - Rural Physicians
  - Underserved Physician

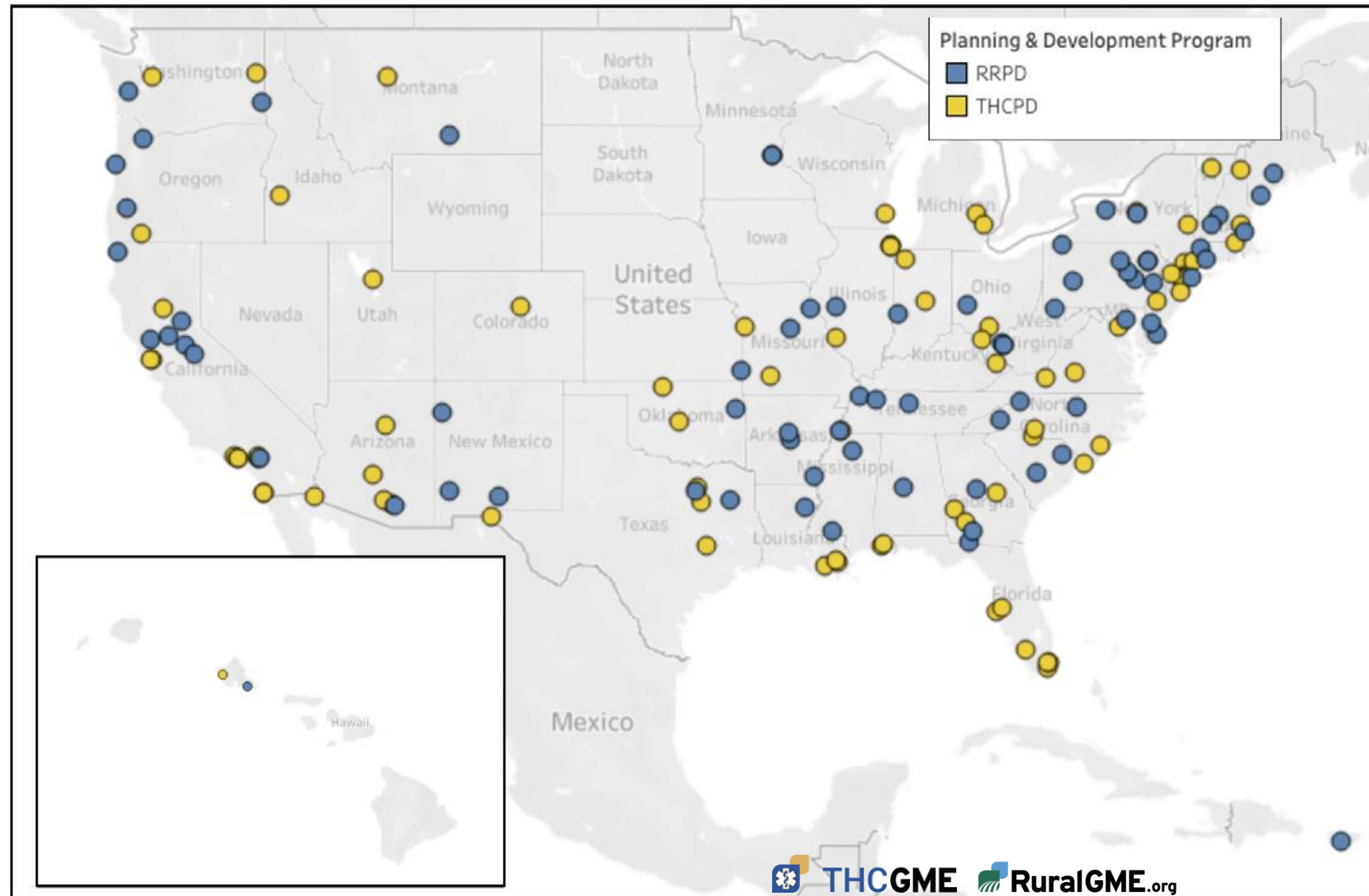


# Outcomes

- Location of Practice
- Scope of Practice
- Targeted Physician Pathway

# Growth of Programs

RRPD and THCPD Program Locations (5 RRPD cohorts, 2 THCPD cohorts, as of October 2023)





# The RRPD/THCPD Program

2019 - Present	HRSA funded the Rural Residency Planning & Development program ( <b>NOW ON COHORT 5!</b> )
2021 - Present	HRSA funded the Teaching Health Center Planning & Development program ( <b>NOW ON COHORT 2!</b> )

HRSA also funded a Technical Assistance Center to help support the grantees and others looking to start residency programs in needed specialties in rural & underserved areas





# RRPD & THCPD: by the Numbers

161 grantees

44 states

10 specialties

65 accredited  
programs

852 resident  
positions

513 residents  
in training

A topographic map of North America, showing the continent's terrain with green for lowlands and brown for highlands. The Great Lakes and St. Lawrence River are visible in the north. The text "Overview of RRPD and THCGME" is overlaid in white.

# Overview of RRPD and THCGME

# Overview of RRPD Grantees (cohorts 1-5)

Program Sponsor
Non-profit Healthcare Organization = 45
Public/State-controlled Institution of Higher Education = 16
Private Institution of Higher Education = 8
For-Profit Health Care Organization = 2

Class Size Per Year
1 (n=1)
2 (n=14)
3 (n=9)
4 (n=9)
6 (n=7)
8 (n=4)
12 (n=1)

Partners
School of Medicine Affiliation (n= 52)
VA Partnerships (n= 18)
I/T/U Partnership (n= 8)

# Overview of THCPD Grantees



## Cohort 1 & 2 Grant Recipient Specialty [n=90]

Family Medicine – 46

Psychiatry – 12

Internal Medicine – 4

Pediatrics – 4

Geriatrics – 1

OBGYN – 1

Dentistry – 22

## Cohort 1 Program Characteristics

### Program Sponsor

Non-profit Healthcare Organization = 45

### Class Size Per Year

3 (n=2)

4 (n=11)

6 (n=5)

### Partners

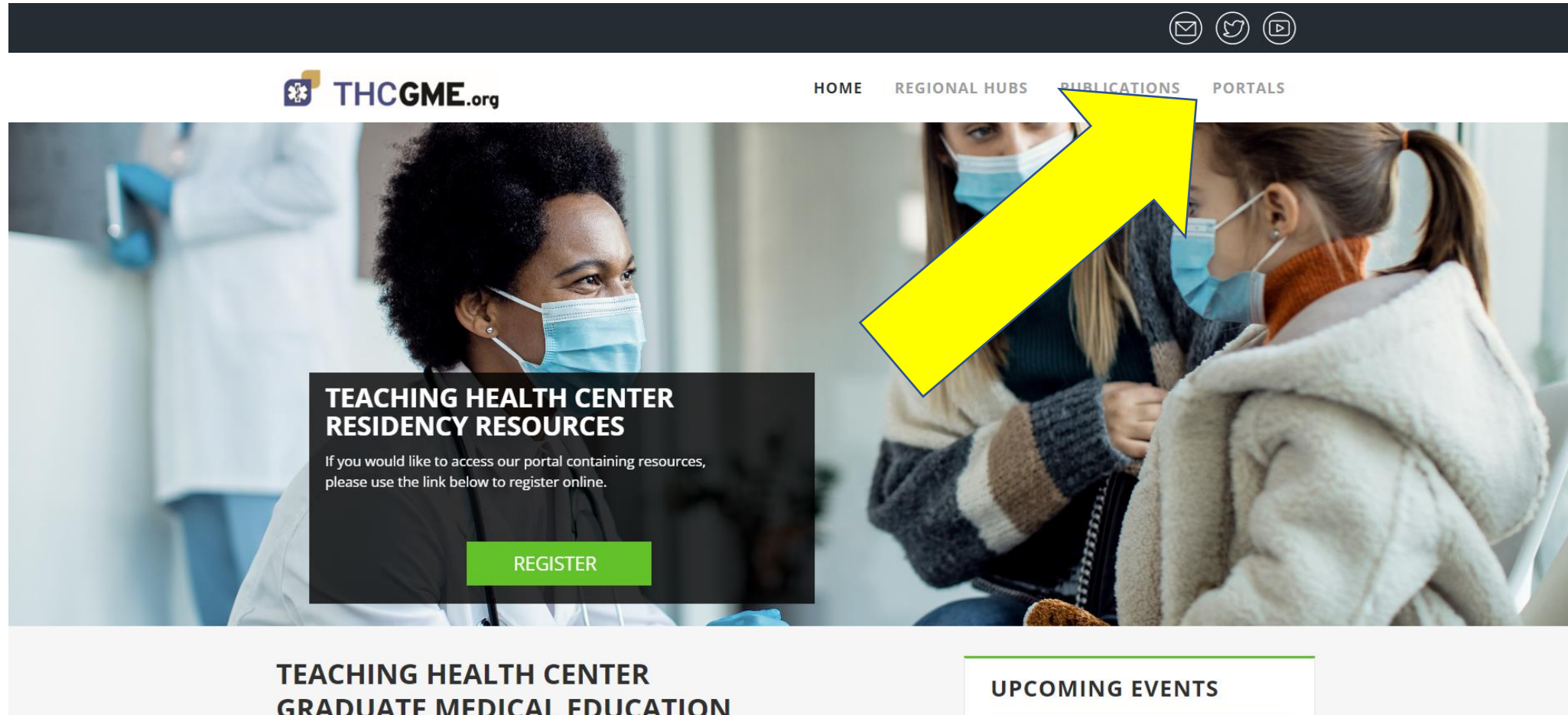
Academic Affiliation (n= 14 )

VA Partnerships (n= 10)

I/T/U Partnership (n= 10 )

# Log In to the Portal

<https://www.thcgme.org/>



TEACHING HEALTH CENTER  
GRADUATE MEDICAL EDUCATION

UPCOMING EVENTS



# Rural Graduate Medical Education

We are working to reduce physician shortages in rural and underserved areas by supporting the development of rural residency programs. If you are interested in accessing tools and resources to support development of residency training, please get started by clicking the link below.

[I Want To Get Started](#)[I Have An Account](#)

## Our Impact

The U.S. Health Resources and Services Administration (HRSA) funded the Rural Residency Planning and Development (RRPD) Program and our Technical Assistance Center to create new rural residencies. Below are data on RRPD program outcomes to date.

NUMBERS AS OF DATE: 4/18/2024



**72**

Grant recipients starting new rural track programs



**45**

New accredited rural residency programs



**569**

ACGME approved resident positions



# Tools and Resources



**Community Engagement**



**Program Design & Development**



**Financial Planning**



**Institutional Sponsorship**



**Program Accreditation**



**Program Implementation**

## STAGE 1 Exploration



### Community Assets

Identify community assets and interested parties.



### Leadership

Assemble local leadership and determine program mission.



### Sponsorship

Identify an institutional affiliation or sponsorship. Begin to consider financial options and governance structure.



## STAGE 2 Design



### Initial Educational & Programmatic Design

Identify Program Director (permanent or in development). Consider community assets, educational vision, resources, and accreditation timeline.



### Financial Planning

Develop a budget and secure funding. Consider development and sustainability with revenues and expenses.



### Sponsoring Institution Application

Find a Designated Institutional Official and organize the GME Committee. Complete application.



## STAGE 3 Development



### Program Personnel

Appoint residency coordinator. Identify core faculty and other program staff.



### Program Planning & Accreditation

Develop curricular plans, goals and objectives; evaluation system and tools; policies and procedures; program letters of agreement; faculty roster. Complete ACGME application and site visit.



## STAGE 4 Start-Up



### Marketing & Resident Recruitment

Create a website. Register with required systems. Market locally and nationally.



### Program Infrastructure & Resources

Hire core faculty and other program staff. Ensure faculty development. Complete any construction and start-up purchases. Establish annual budget.



### Matriculate

Welcome and orient new residents.



## STAGE 5 Maintenance



### Ongoing Efforts

Report annually to ACGME and the Sponsoring Institution. Maintain accreditation and financial solvency. Recruit and retain faculty. Track program educational and clinical outcomes. Ensure ongoing performance improvement.

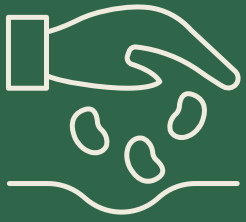
To advance to the next stage:  
Make an organizational decision to proceed with investing significant resources in program development.

To advance to the next stage:  
Finalize a draft budget. Complete program design to include curriculum outline and site mapping. Submit a Sponsoring Institution (SI) application & receive initial accreditation.

To advance to the next stage:  
Achieve initial program accreditation – requires successful site visit and letter of accreditation from the ACGME.

To advance to the next stage:  
Complete contracts and orient first class of residents. Hire all required faculty.





# STAGE 2: DESIGN

## Goal 2.1

Appoint a Program Director (PD) or a PD in development.

## Goal 2.2.

Complete initial program design.

## Goal 2.3

Develop Sponsoring Institutional (SI) Application (if the SI is not already accredited).

## Goal 2.4

Using initial program design, complete a detailed pro forma for all phases of program development and sustainability with revenues and expenses.

## Goal 2.5

In light of the detailed pro forma, refine program design to include final curriculum outline and site mapping.

## Goal 2.6

Submit SI application (if the SI is not already accredited).

# Hospital Analyzer



Contact Us [info@ruralgme.org](mailto:info@ruralgme.org) Home Get Started Programs Toolbox **Hospital Analyzer** Reports Admin Logout



State

For more information on any thing listed in the report, please see the attached [glossary](#).

No documents to show.

# Hospital Analyzer



State

For more information on any thing listed in the report, please see the attached [glossary](#).

City

Clear

- AHOSKIE
- ALBEMARLE
- ASHEBORO
- ASHEVILLE
- BOONE
- BREVARD
- BRYSON CITY
- BURGAW
- BURLINGTON
- CARY
- CHAPEL HILL

Hospital	City	State	CCN
<a href="#">ADVENTHEALTH HENDERSONVILLE</a>	HENDERSONVILLE	NC	340023
<a href="#">ALAMANCE REGIONAL MEDICAL CENTER</a>	BURLINGTON	NC	340070
<a href="#">ALLEGHANY MEMORIAL HOSPITAL</a>	SPARTA	NC	341320
<a href="#">ASHE MEMORIAL HOSPITAL</a>	JEFFERSON	NC	341325
<a href="#">ATRIUM HEALTH ANSON</a>	WADESBORO	NC	340084

# Financial Tools



Financial Planning | Specialty: Not Specialty Specific | Type: Resource Collection Or Website



## Hospital Type & Data Lookup File

Excel file that can be utilized to look up hospital type related to CMS Rule Changes, DME and IME FTE caps and \$ claimed, and CAA section 131 HCRIS status (whether or not GME has been claimed) (version updated Mar 2024)

Provider Number	State	Name	URGEO	URSPA	LUGAR	Section 401 Hospital	Resident to Bed Ratio	Beds	Calculated Residents (Beds x IRB)	Average Daily Census	Provider type (Impact 2024)	Provider type (Impact 2022) if differs from 20	Graham Center FY21 calc DME\$/FTE resident*	Graham Center FY21 calc IME\$/FTE resident*	Graham Center FY21 DME FTE cap	Graham Center FY21 DME FTE claimed	Graham Center FY21 IME FTE cap	Graham Center FY21 IME FTE claimed	CAA section 131 HCRIS status	Medicare Percentage	Medicaid Percentage
020001	Alaska	Providence Alaska Medical Center	OURBAN	OURBAN			0.0523	401	21	295	IPPS		\$ 37,639	\$ 99,058	22.4	32.4	22.4	28.5	Not Cat A or B	29%	41%
020006	Alaska	Mat-Su Regional Medical Center	OURBAN	RURAL		Y	0	125	0.0	65	SCH								Never Claimer	38%	31%
020008	Alaska	Bartlett Regional Hospital	RURAL	RURAL			0	45	0	20	SCH								Not Cat A or B	39%	25%
020012	Alaska	Fairbanks Memorial Hospital	OURBAN	OURBAN			0	122	0	44	SCH/RRC								Never Claimer	27%	34%
020017	Alaska	Alaska Regional Hospital	OURBAN	OURBAN			0	166	0	115	IPPS								Never Claimer	43%	28%
020018	Alaska	Yukon Kuskokwim Delta Reg Hospital	RURAL	RURAL			0	34	0	11	IHS								Never Claimer	17%	68%
020024	Alaska	Central Peninsula General Hospital	RURAL	RURAL			0	49	0	31	SCH								Never Claimer	47%	22%
020026	Alaska	Alaska Native Medical Center	OURBAN	OURBAN			0	173	0	110	IHS								Never Claimer	25%	49%



# Accreditation Tools

## Writing the Program Accreditation Application

There are three parts to the program application: 1) the common application (housed in the ACGME's Accreditation Data System (ADS)); 2) the specialty-specific application (a Word document the program must complete and upload into ADS); and 3) attachment

documents (policies and sample evaluations that are uploaded into ADS). This checklist from the ACGME includes the required

application documents that must be uploaded into ADS with a program application.

Note that programs interested in seeking ACGME Rural Track Program (RTP) designation must provide additional information during the application process.

The specialty-specific application includes the description of your program that will be submitted (via ADS) to the ACGME's Residency

Review Committee (C) in your specialty for accreditation of your program. It is critical that the background work of program....



# Accreditation Tools

**Section** Program Accreditation ▾ **Type** All ▾ **Specialty** All ▾



**Featured** Program Accreditation | Subsection: Submitting the Program Application and the ACGME Site | Specialty: Not Specialty Specific | Type: 2 0  
Example Or Sample

## Checklist for preparing for the Site Visit

A checklist for all of the tasks to complete and resources to gather in advance of your ACGME site visit



Program Accreditation | Specialty: Not Specialty Specific | Type: Webinar Or Presentation

2 0

## ACGME Site Visits: There's Value in the Prep

Technical Assistance Center webinar (slides) on ACGME Site Visits: There's Value in the Prep featuring Alan Douglass, MD, Amanda Jones, BA, C-TAGME, JoAnn Raines, MA, and Paulette Wehner, MD, FACC, FAHA, FACP (November 2023).

# Program Design Tools



Section

-Complete Initial Program Design

Type

All

Specialty

All



**Featured** Program Design and Development | Subsection: Complete Initial Program Design | Specialty: Not Specialty Specific | Type: Webinar Or Presentation



## Curricular Design for Rural Programs

Technical Assistance Center webinar (recording) on curricular design with examples from family medicine, internal medicine, and psychiatry (July 2020); facilitated by Judith Pauwels, MD and with presenters: Carlyle Chan, MD, Joseph Weigel, MD, and Molly Benedum, MD



Program Design and Development | Subsection: Complete Initial Program Design | Specialty: Not Specialty Specific | Type: Webinar Or Presentation



## Governance for Rural Programs

Technical Assistance Center webinar (recording) on governance for rural programs featuring Randall Longenecker, MD (Oct 2019). Dr. Randy Longenecker provides a General Overview of Governance, the Health System Context, the Role of the Sponsoring Institution, Affiliation Agreements, and Key Principles for Shared Governance, followed by a Q&A session.



# Common Challenges

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Some of GME funding structure may disadvantage rural and underserved programs

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Financial viability of rural and underserved facilities

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Program director and faculty recruitment

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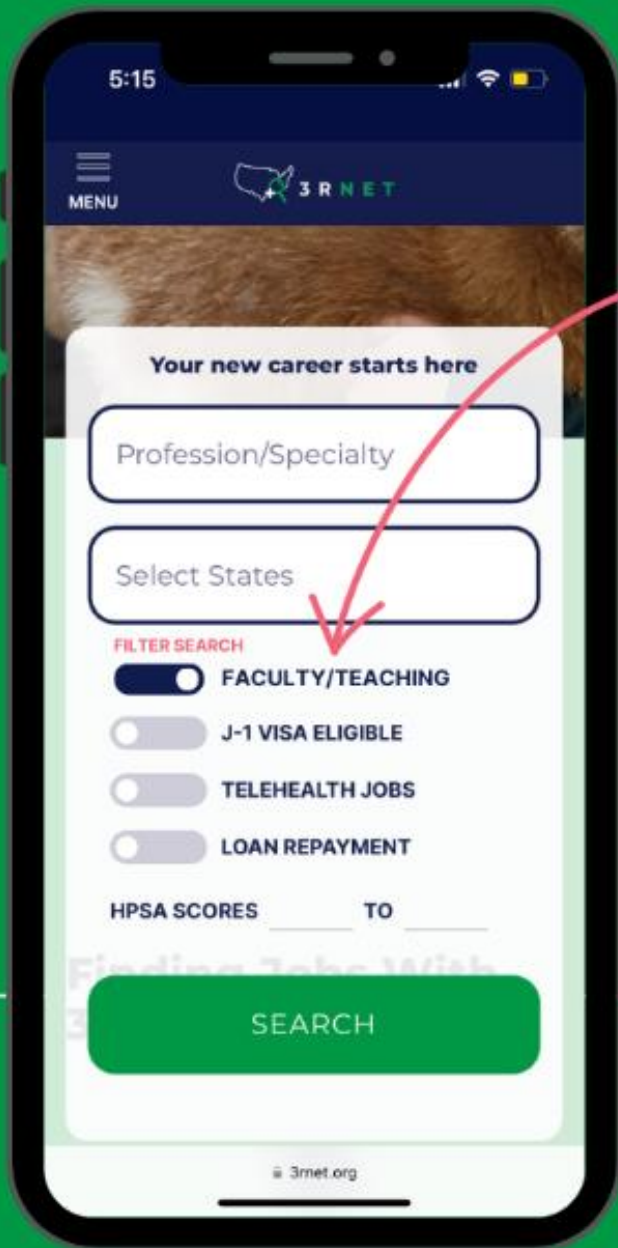
Program Governance – varying missions and needs!

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GME accreditation requirements were designed for urban settings

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TOGGLE ON THE  
FACULTY/TEACHING  
FILTER TO EASILY SEE  
IF FACULTY/TEACHING  
IS PART OF A JOB!

**NEW**

**WEBSITE  
FEATURE**

3 R N E T





# For additional information about the RRPD and/or THCPD Programs

Email us at [info@ruralgme.org](mailto:info@ruralgme.org) or [info@thcgme.org](mailto:info@thcgme.org)

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