# New Pediatric Patient Health Questionnaire

| What should we call your child?  |                       |                      | Birth Date      | ·                  |
|--|-----------------------|----------------------|-----------------|--------------------|
| Name of person filling out the form  |                       | Relationship         | to Patient      |                    |
| Patient's Pronouns (circle all that apply):  | she/her/hers he/h     | im/his they/them/the | irs not listed: |                    |
| Patient's Current Gender Identity (circle all t<br>nonbinary not listed:   | hat apply): girl/\    | voman boy/man tra    | inswoman/girl   | transman/boy       |
| Patient's Sex Assigned at Birth (circle all that   | t apply) female       | male intersex i      | not listed:     |                    |
| Your answers to the following questions will information as possible. If you cannot answ blank. Thank you for your help. | •                     | •                    |                 |                    |
| Household members  |                       |                      |                 |                    |
| Name   | Relationship to child | Birth date           |                 | Health problems    |
|  |                       |                      |                 |                    |
|  |                       |                      |                 |                    |
|  |                       |                      |                 |                    |
| Adopted Foster care  | Parents divorced      | /separated           | Joint custod    | y 🗌 Single custody |

#### **Birth History**

| Birth weight Lbs oz  | 🔲 Full term birth | Prematurewks | Vaginal birth | C-section |  |  |
|--|-------------------|--------------|---------------|-----------|--|--|
| Hospital Name  | Hospital Ci       | ity, State   |               |           |  |  |
| Prenatal or neonatal complications: Explain: NICU stay – How long? weeks           |                   |              |               |           |  |  |
| Tobacco use in pregnancy Alcohol use in pregnancy Medication/drug use in pregnancy |                   |              |               |           |  |  |

#### Medical History (Please check or list any medical problems your child has experienced)

| Problems with hearing or ears | Problems with vision or eyes     | Allergies                                  |
|-------------------------------|----------------------------------|--|
| Asthma or wheezing            | Heart murmur or heart disorder   | Depression/Anxiety/AHD/or Mood<br>disorder |
| Headaches/migraines           | Kidney disease or recurring UTIs | History of head injury or concussion       |
| Seizures                      | Substance abuse                  | Snoring/ Obstructive sleep apnea           |
| Surgeries                     | Type of surgery/year?            | Other                                      |

Further explanation any of the above:

Family Medical History (Please check or list any medical problems in your child's biological family)

| <u> </u>                          | , , ,     |                                |      |
|-----------------------------------|-----------|--------------------------------|------|
| Asthma                            | Who?      | Stroke/Cardiovascular          | Who? |
|                                   |           | disease/Heart attack < age 55y |      |
| Cancer                            | Who/type? | High cholesterol               | Who? |
| Depression/Anxiety/Mental illness | Who?      | Diabetes                       | Who? |
| Early sudden death                | Who?      | Substance abuse                | Who? |
| High blood pressure               | Who?      | Childhood hearing loss         | Who? |
| Other                             | What/Who? |                                |      |

Other family history/explanations: \_

#### **UW Medicine**

Harborview Medical Center – University of Washington Medical Center UW Medicine Primary Care – Valley Medical Center – UW Physicians

NEW PEDIATRIC PATIENT HEALTH QUESTIONNAIRE



PLACE PATIENT LABEL HERE

U4269 V.2308 | CONTENT LAST APPROVED APR 22

### **Physical Activity**

| On average, how many days per week does your child engage in moderate to strenuous exercise (like walking fast, running, jogging, dancing, swimming, biking, weightlifting or other activities that cause a light or heavy sweat)? |   |    |    |    | 0  | 1  | 2  | 3 | 4   | 5  | 6  | 7   |
|--|---|----|----|----|----|----|----|---|-----|----|----|-----|
| On average, how many minutes does your child engage in exercise at this level?   | 0 | 10 | 20 | 30 | 40 | 50 | 60 | 7 | 0 8 | 80 | 90 | >90 |

# Medications and supplements (Please list medications, vitamins, & supplements you take, dose, and condition for which you take them)

| Medication or supplement | Dose and how often taken | Condition |
|--------------------------|--------------------------|-----------|
|                          |                          |           |
|                          |                          |           |
|                          |                          |           |
|                          |                          |           |

Medication Allergies (Please list the name of the medication and the reaction you experienced. If necessary, turn paper over for additional lines.)

| Medication | Reaction |
|------------|----------|
|            |          |
|            |          |
|            |          |
|            |          |

Other Health Care Providers (Please list your child's previous doctor and any other specialists (e.g., allergists, counselors, etc.) that care for your child.)

| Doctor's/Care Provider's Name | Type of physician/specialty and Location |
|-------------------------------|--|
|                               |  |
|                               |  |
|                               |  |
|                               |  |
|                               |  |

## Household Members Overflow

| Name | Relationship to child | Birth date | Health problems |
|------|-----------------------|------------|-----------------|
|      |                       |            |                 |
|      |                       |            |                 |
|      |                       |            |                 |
|      |                       |            |                 |
|      |                       |            |                 |
|      |                       |            |                 |

#### Medications and supplements overflow (Please list medications and supplements you take and what for what condition you take them)

| Medication or supplement | Dose and how often taken | Condition |
|--------------------------|--------------------------|-----------|
|                          |                          |           |
|                          |                          |           |
|                          |                          |           |
|                          |                          |           |
|                          |                          |           |
|                          |                          |           |

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# Medication Allergies Overflow (Please list the name of the medication and the reaction you experienced)

| Medication | Reaction |
|------------|----------|
|            |          |
|            |          |
|            |          |
|            |          |
|            |          |
|            |          |
|            |          |
|            |          |

Other Health Care Providers (Please list your child's previous doctor and any other specialists (e.g. allergists, cardiologists, etc.) that care for your child.)

| Doctor's/Care Provider's Name | Type of physician/specialty and Location |
|-------------------------------|--|
|                               |  |
|                               |  |
|                               |  |
|                               |  |
|                               |  |

Any additional comments/information you would like to include:

