

What should we call your child? _____ Birth Date _____

Name of person filling out the form _____ Relationship to Patient _____

Patient's Pronouns (circle all that apply) she/her/hers he/him/his they/them/theirs not listed: _____

Patient's Current Gender Identity (circle all that apply) girl/woman boy/man transwoman/girl transman/boy nonbinary not listed: _____

Patient's Sex Assigned at Birth (circle all that apply) female male intersex not listed: _____

Your answers to the following questions will help us understand your or your child's medical history. Please fill out as much information as possible. If you cannot answer a question or feel uncomfortable answering a question, please leave them blank. Thank you for your help.

Household members

Name	Relationship to child	Birth date	Health problems

Adopted
 Foster care
 Parents divorced/separated
 Joint custody
 Single custody

Birth History

Birth weight _____ Lbs _____ oz	<input type="checkbox"/> Full term birth	<input type="checkbox"/> Premature _____ wks	<input type="checkbox"/> Vaginal birth	<input type="checkbox"/> C-section
Hospital Name _____		Hospital City, State _____		
<input type="checkbox"/> Prenatal or neonatal complications? Explain: _____		<input type="checkbox"/> NICU stay - How long? _____ weeks		
<input type="checkbox"/> Tobacco use in pregnancy	<input type="checkbox"/> Alcohol use in pregnancy	<input type="checkbox"/> Medication/drug use in pregnancy		

Medical History (Please check or list any medical problems your child has experienced)

<input type="checkbox"/> Problems with hearing or ears	<input type="checkbox"/> Problems with vision or eyes	<input type="checkbox"/> Allergies
<input type="checkbox"/> Asthma or wheezing	<input type="checkbox"/> Heart murmur or heart disorder	<input type="checkbox"/> Depression/Anxiety/AHD/or Mood disorder
<input type="checkbox"/> Headaches/migraines	<input type="checkbox"/> Kidney disease or recurring UTIs	<input type="checkbox"/> History of head injury or concussion
<input type="checkbox"/> Seizures	<input type="checkbox"/> Substance abuse	<input type="checkbox"/> Snoring/ Obstructive sleep apnea
<input type="checkbox"/> Surgeries	Type of surgery/year?	<input type="checkbox"/> Other

Further explanation any of the above: _____

Family Medical History (Please check or list any medical problems in your child's biological family)

<input type="checkbox"/> Asthma	Who?	<input type="checkbox"/> Stroke/Cardiovascular disease/Heart attack < age 55y	Who?
<input type="checkbox"/> Cancer	Who/type?	<input type="checkbox"/> High cholesterol	Who?
<input type="checkbox"/> Depression/Anxiety/Mental illness	Who?	<input type="checkbox"/> Diabetes	Who?
<input type="checkbox"/> Early sudden death	Who?	<input type="checkbox"/> Substance abuse	Who?
<input type="checkbox"/> High blood pressure	Who?	<input type="checkbox"/> Childhood hearing loss	Who?
<input type="checkbox"/> Other	What/Who?		

Other family history/explanations: _____

Physical Activity

On average, how many days per week does your child engage in moderate to strenuous exercise (like walking fast, running, jogging, dancing, swimming, biking, weightlifting or other activities that cause a light or heavy sweat)?	0 1 2 3 4 5 6 7
On average, how many minutes does your child engage in exercise at this level?	0 10 20 30 40 50 60 70 80 90 >90

Medications and supplements (Please list medications, vitamins, & supplements you take, dose, and condition for which you take them)

Medication or supplement	Dose and how often taken	Condition

Medication Allergies (Please list the name of the medication and the reaction you experienced. If necessary, turn paper over for additional lines.)

Medication	Reaction

Other Health Care Providers (Please list your child's previous doctor and any other specialists (e.g., allergists, counselors, etc.) that care for your child.)

Doctor's/Care Provider's Name	Type of physician/specialty and Location

Thank you very much for your time, your medical history is very important to us!

