

UWSOM SUMMER PREMATRICATION (PREMAT) PROGRAM

AN ENRICHMENT PROGRAM FOR STUDENTS TRANSITIONING INTO MEDICAL SCHOOL

Monday, August 3rd – Friday August 7th, 2020

The Office for Academic, Rural and Regional Affairs and the Center for Health Equity, Diversity and Inclusion (CEDI) sponsors a summer Prematriculation Program (PreMat) for medical students from backgrounds underrepresented in medicine and those who have been away from an intensive academic program for a significant amount of time. PreMat serves as a scholastic enrichment program that facilitates students' transition to medical school by providing academic and social support.

The one-week intensive program consists of coordinated activities designed to address student competencies needed for the rapid adjustment to medical school. The PreMat lectures familiarize entering students with the course content taught early in medical school, while providing experiences in learning skills and community building. The aim is for students to become acquainted with available resources to support their success.

Program Activities & Schedule

Each morning consists of an introduction to the Metabolic and Cellular Basis of Disease (MBCD) course with lectures that include basic sciences and clinical correlations. Additional afternoon lectures focus on central health issues for medically underserved populations such as diabetes, occupational hazards for farm workers, poverty, LGBTQ+ health topics, and global health. UWSOM faculty serve as PreMat instructors. Second-year medical students, themselves former PreMat participants, serve as teaching assistants and facilitate the classroom tutorial sessions.

Participants have opportunities to learn from current medical students, faculty, residents, and community health providers. PreMat recognizes the importance of social support and mentorship for student success. Community building activities are scheduled throughout the week-long program as well as sessions on time management, self-care an introduction to many of the resources available to support your success.

Cost & Housing

There are no tuition costs to participate in the PreMat program. Breakfast and Lunch will be provided on-site and free of charge to participants daily. Participants are responsible for their own room, board and transportation while in Seattle*. Limited travel and housing assistance will be available to students from Foundations Sites outside of Seattle. Students with travel and housing needs should contact PreMat in July for assistance.

Program Dates

The program will begin **Monday, August 3rd through Friday, August 7th, 2020**. A welcome dinner is scheduled on **Sunday, August 2nd**. Sessions will be held at the University of Washington Magnuson Health Sciences Center in Seattle* and attendance is required at all sessions. Participants should expect to spend 8 to 10 hours each day in sessions. It will not be feasible for students to have employment or other commitments while enrolled in the PreMat Program.

** The PreMat program is closely monitoring the COVID-19 outbreak. Our priority is the health and safety of our students. If it is not possible to host the program in person, PreMat will move to an online format. (4/12/2020)*

PreMat Graduates:

"I enjoyed the opportunity to network with my peers and the introduction to how information will be presented in medical school"

"For me it was most helpful to learn exactly what to expect. When classes first started I was constantly referring to the Student Survival Guide for ideas of different ways to study effectively. I also really appreciated the safe environment in PreMat to get to know others before the stress of actual school began."

**PRIORITY APPLICATION
DEADLINE IS MAY 22**

Apply here:

<https://bit.ly/2RxjhdX>

Questions? Please contact

Danielle Ishem at

premat@uw.edu



2018 PreMat Graduates