

Harborview Medical Respite Program – Inpatient Checklist

Forms/Documentation

- Face sheet

- Referral form (completely filled out by medical provider only)

- Independence status
 - PT/OT notes if applicable
 - Or
 - Nursing note documenting patient is independent with ADLs

- Wound care
 - Wound care recommendations
 - Wound Consult note, if applicable
 - The patient will come with one week supply of dressings

- Mental health team notes
 - Psychiatric team
 - Social worker/case manager

- Discharge Summary (needed prior to patient leaving hospital)

- Most recent consult notes for specialty care

- DNAR/DNI Status
 - POLST form if applicable

- Follow up appointments
 - Subspecialty appointments scheduled before patient leaves facility
 - If oncology patient, chemo/radiation schedule and end date

Medications

- MAR for the past 48 hours

- Discharge Med List (with amount of medications listed)
 - 30 day supply of routine medications
 - 3 day supply of narcotics based on the patient's use of narcotics in the last 24 hours
(example - if the patient took 30mg of oxycodone in the past 24 hours they should come to respite with 90mg of oxycodone or morphine equivalent. Rx should read: Oxycodone 5 mg, 5-10mg q4 hours for pain PRN, not to exceed 6 tablets per day, #18 tablets for a 3 day supply)
 - Patient is off IV pain medication for the past 24 hours

- 30 days of stool softeners if the patient is coming with narcotics

- A methadone plan has been made prior to discharge
 - Methadone maintenance – Which agency?
 - Date/time of return methadone appointment OR
 - Date/time of methadone intake appointment

- Pain management service will write for methadone
- Discharge team will manage methadone
- Pt is on TID methadone for pain management and respite will take over
(Respite cannot prescribe methadone for methadone maintenance/daily methadone)

IV antibiotics treatment

- For patients on IV antibiotics
 - PICC line insertion note
 - Type/brand
 - internal length
 - external length
 - Weekly labs to be drawn
 - Number to fax lab results to
 - ID follow up clinic and appointment information
 - Final dose day
 - If on Vancomycin: last trough and Cr. level

Diabetic Patients

- Last Alc
- Last blood glucose level
- If on insulin, pt to come with glucometer, glucometer strips and lancets
- 30 days of insulin in hand on arrival at respite

Anticoagulation Therapy Patients

- Last INR
- Follow up scheduled for anticoagulation therapy management

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- O2 has been ordered and delivery has been scheduled
- Last ambulating O2 sat

Outpatient referral to Respite:

- Most recent MD note
- Med list
- Labs
- Immunizations
- Specialty care notes
- Follow up appointments

Edward Thomas House Medical Respite

Location: 800 Jefferson Mailing: 325 Ninth Avenue Box 359944 Seattle, WA 98104-2499 206-744-5200 Fax 206-744-2533

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