

## University of Washington Medical Center (UWMC) Living Kidney Donation Checklist

This document can be used as a guide of what to expect throughout your donor evaluation. Completing all of these steps may take approximately 3 to 6 months. Please be aware that based on results of your testing, you may be asked to complete additional tests not included on this checklist.

### ***Prior to Beginning Testing for Living Donation***

- **Initial phone screening with the Independent Donor Advocate (IDA)**
- **Primary Care Provider Records sent to Living Donor Program**
  - If you have not have not been seen by a primary care provider in the past year, you will need to obtain an updated physical, check your blood pressure and do some basic blood tests
  - *This exam will be billed to your own insurance as part of your routine health care*
  - With the release of information provided in your initial packet sent by the IDA, we will request records from your doctor's office directly for review
- **Complete all of your routine age-based cancer screening, as needed. Note; if the following exams are required, these also would be billed to your own insurance**
  - Colonoscopy after age 45 for men *and* women
  - Pap smear after age 21 for women
  - Mammogram after age 40 for women

***Living Donation Testing Process*** - These will be discussed with you by the Patient Care Coordinator **after** your initial screening with IDA and your medical records are reviewed. These tests could be done locally or at UWMC. Note; please do not proceed with these tests until directed

- **Blood typing, HLA tissue typing, and crossmatch testing.** The results of these tests take 10 to 14 business days
- **Creatinine Clearance Test, Comprehensive Labs and Serologies.**

***Living Donation Evaluation*** – this workup is done over the course of two days at UWMC. Please do not do these exams independently. We will have them coordinated for you during your visit

- **Welcome orientation with the Patient Care Coordinator**
- **Physical exam with nephrologist**
- **Surgical evaluation with surgeon**
- **Psychosocial evaluation with social worker**
- **Independent donor advocate consultation**
- **Patient education with Nurse Coordinator**
- **Evaluation with nutritionist**
- **Evaluation with infectious disease physician**
- **Evaluation with pharmacist**
- **EKG**
- **Chest X-ray**
- **CT angiogram** (has to be done at UWMC)
- **Stress Test** (if over the age 55+)

***Living Donation Review Committee*** – the team will typically meet within two weeks after your living donor evaluation appointments to review your candidacy. If you are approved, and interested, the following would be required within two weeks of surgery:

- **Final crossmatch and other routine testing**
- **Pre-Operative Appointments at UWMC**

**Please send all requested documentation to:**

UWMC Living Donor Program, 1959 NE Pacific St, Box 356174, Seattle, WA 98195

Fax: 206-598-8416; Phone: 206-598-3627