

How do I make an appointment?

To make an appointment at the UW Medicine Regional Heart Center:

- Call 206-520-5000.
Or:
- Go to uwmedicine.org/heart. Click on “Request Appointment” on the right-hand side of the main page.

Where is the clinic located?

The clinic is in the Regional Heart Center on the main level (3rd floor) of University of Washington Medical Center. The address is 1959 N.E. Pacific St., Seattle, WA 98195. Please ask for a map to the hospital if needed.



CARDIOVASCULAR GENETICS CLINIC

Information for Patients and Families



UW Medicine
REGIONAL HEART CENTER

1959 N.E. Pacific St.
Seattle, WA 98195
206-520-5000
uwmedicine.org/heart

UW Medicine
REGIONAL HEART CENTER



What is the Cardiovascular Genetics Clinic?

At the UW Medicine Cardiovascular Genetics Clinic, we evaluate and care for patients who may have *cardiovascular* (heart and blood vessel) disorders that can run in families. Our team of providers includes:

- *Cardiologists* – doctors who specialize in heart and blood vessel conditions
- *Medical geneticists* – doctors who diagnose and manage inherited disorders
- *Genetic counselors* – counselors with expertise in inherited disorders and family planning

These specialists work together to evaluate patients for inherited heart or blood vessel disorders. When appropriate, we may also recommend gene (DNA) testing. We then provide recommendations and information that your other medical providers can use to help manage your heart or blood vessel condition.

What patients are seen in the Cardiovascular Genetics Clinic?

Patients can be referred to our clinic when:

- Their provider believes they may have an inherited cardiovascular disorder
- Screening family members of patients who have inherited disorders is needed

Some of the genetic disorders that we test for and manage are:

- Hypertrophic cardiomyopathy
- Familial dilated cardiomyopathy
- Left ventricular non-compaction
- Arrhythmogenic cardiomyopathy
- Familial amyloidosis
- Marfan syndrome
- Aortic aneurysm syndromes
- Brugada syndrome
- Long QT syndrome

How can the clinic help me?

The results of your evaluation and testing can help confirm a diagnosis and help your healthcare providers know how to manage your condition.

When you are referred to the UW Medicine Cardiovascular Genetics Clinic, you will meet with providers who specialize in your particular condition. You will have the benefit of the latest technology to help diagnose your condition. Genetic testing is often a cost-effective way to screen family members of all ages for specific conditions.



What can I expect at my clinic visit?

At your first clinic visit, you will see a cardiologist, a medical geneticist, and a genetic counselor. They

will talk with you about your condition and ask about your family medical history. They will also give you a physical exam and review any tests you have had done.

Based on their findings, the team will talk with you about whether genetic testing may be helpful for you. They will explain what tests could be done and which family members should be tested. They will also talk with you about the risks, benefits, and costs of genetic testing.

If you decide to have genetic testing, it can often be started at this first visit.

Will I need a follow-up visit?

You may have a follow-up appointment with your team of providers to review your test results and discuss what the results mean. If these results affect your health care or life-style choices, we will recommend the next steps. Most patients are referred back to their primary care provider for their long-term cardiovascular care.

Can I take part in a research study at the clinic?

Research is an important part of advancing patient care, and in many cases we offer patients the opportunity to voluntarily participate in research studies or patient databases (“registries”). You will receive the same high quality medical care regardless of your decision to participate in a research study.

Do I need a referral from my doctor to make an appointment?

Depending on your health insurance plan, you may first need to get a written referral from your primary care provider or family doctor. Please contact your insurance provider to find out if they require a referral. Our patient care coordinators can also help you find out if you need a referral.

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