



## The University of Washington School of Medicine is dedicated to improving the general health and well-being of the public.

In pursuit of its goals, the School is committed to excellence in biomedical education, research, and health care. The School is also dedicated to ethical conduct in all its activities. As the preeminent academic medical center in our region and as a national leader in biomedical research, we place special emphasis on educating and training physicians, scientists, and allied health professionals dedicated to two distinct missions:

Meeting the health care needs of our region, especially by recognizing the importance of primary care and providing service to underserved populations; advancing knowledge and assuming leadership in the biomedical sciences and in academic medicine.

The School works with public and private agencies to improve health care and advance knowledge in medicine and related fields of inquiry. It acknowledges a special responsibility to the people in the states of Washington, Wyoming, Alaska, Montana, and Idaho, who have joined with it in a unique regional partnership. The School is committed to building and sustaining a diverse academic community of faculty, staff, fellows, residents, and students and to assuring that access to education and training is open to learners from all segments of society, acknowledging a particular responsibility to the diverse populations within our region.

The School values diversity and inclusion and is committed to building and sustaining an academic community in which teachers, researchers and learners achieve the knowledge, skills and attitudes that value and embrace inclusiveness, equity and awareness as a way to unleash creativity and innovation.

*Mission Statement adopted by the Medical School Executive Committee and the Dean of the School of Medicine in 2011.*



# MD Program *Admissions*

*Entering Class of 2019*

**UW Medicine**

UW SCHOOL  
OF MEDICINE

## Premedical Course Requirements

[uwmedicine.org/education/md-program/admissions/applicants/course-requirements](http://uwmedicine.org/education/md-program/admissions/applicants/course-requirements)

All entrants have fulfilled requirements for a bachelor's degree. No specific major is advised. A broad background in the humanities and liberal arts is encouraged and expected. Applicants should be proficient in the English language, basic mathematics, and basic understanding of computers and information technology.

Preferably, the premedical course requirements will be completed before the time of application but must be completed before matriculation. Undergraduate or post-baccalaureate courses must be completed at a college or university accredited by the appropriate regional accrediting body.

### COURSES MUST INCLUDE A MINIMUM OF:

**Social Sciences, Humanities or "Human Condition"** (these can be taken concurrently)

4 semesters or 6 quarters

Courses that fulfill these requirements include, but are not limited to: anthropology, classics, cultural studies/cross cultural studies, English literature, ethics, foreign language literature, gender studies, history, LGBTQ studies, philosophy, psychology, religion/theology, sociology.

(Please note: Communication and "How to" courses do not fulfill this requirement)

**Chemistry and Biology** (these can be taken concurrently)

6 semesters or 9 quarters

Courses that fulfill these requirements include, but are not limited to: college level chemistry and biology, biochemistry, molecular genetics, cell biology/cell physiology.

Although a biochemistry course is not absolutely required, it is very strongly recommended. The UWSOM Foundations curriculum is taught with the assumption that students arrive with a solid grounding in the fundamentals of molecular genetics and biochemistry, including structure and activity of genes and proteins, and intermediary metabolism. A comprehensive undergraduate biochemistry course is the most expedient way to gain this knowledge.

**Physics** (these can be taken concurrently)

2 semesters or 3 quarters of Physics; OR:

1 semester or 2 quarters of Physics plus 1 semester or 2 quarters of calculus or linear algebra

### COURSES RECOMMENDED, BUT NOT REQUIRED:

Anatomy or Comparative Anatomy, Biochemistry, Human or Mammalian Physiology, Embryology, Ethics



### STATE AND U.S. RESIDENCE

**CERTIFICATION:** Applicants from Wyoming, Alaska, Montana, and Idaho will be required to submit residency certifications from their respective state certifying officers. Proof of legal residence for Washington residents may also be required. Washington applicants with DACA status will need to be certified by the Residency Classification Office. Determination of state of legal residence is not made by the UW School of Medicine; please check with your state of residence classification offices. Instructions for this requirement are furnished with the secondary application materials. *International applicants must have permanent United States residence and hold a green card.*

### FINANCIAL AID:

[uwmedicine.org/financialaid](http://uwmedicine.org/financialaid) Financial aid is awarded based on demonstrated need. To be eligible for full financial consideration, applicants must submit the Free Application for Federal Student Aid (FAFSA) by January 15, 2019: [fafsa.ed.gov](http://fafsa.ed.gov) Unsubsidized Loans (Federal Direct Stafford Loan Program) and Graduate Plus Loans are the primary sources of aid. Washington residents who apply on time will be considered for a Graduate University Grant or Graduate Tuition Exemption. The SOM Scholarship is open to all UWSOM current and admitted students, (submission deadline is May 31 for the following year). The 2018-2019 resident tuition is \$36,801 and non-resident tuition is \$66,753.



## MCAT Exam

[aamc.org/students/applying/mcat](http://aamc.org/students/applying/mcat)

Applicants for the entering class of 2019 must submit scores from the Medical College Admission Test (MCAT) taken in 2016, 2017 or 2018. This exam must be taken no later than September 30 of the year before possible matriculation.

## AMCAS Application

[aamc.org/students/applying/amcas](http://aamc.org/students/applying/amcas)

The University of Washington School of Medicine participates in the American Medical College Application Service (AMCAS). Our deadline for submitting a completed application to AMCAS is 11:59 PM (EST), October 15, 2018. Late applications will not be considered. The UWSOM does not have an Early Decision Program.

After receiving applications from AMCAS, we invite qualified individuals to submit secondary application materials.



**Deadlines**  
Early Submission is Recommended

MCAT Exam  
**September 30, 2018**

AMCAS Application due  
**October 15, 2018**

UWSOM Secondary Application  
and TRUST Application due  
**December 1, 2018**

## Secondary Application

[uwmedicine.washington.edu/education/md-program/admissions/applicants/applications#secondary](http://uwmedicine.washington.edu/education/md-program/admissions/applicants/applications#secondary)

The completed secondary application listed below must be in the UWSOM Admissions office by 11:59 PM (PST), December 1, 2018. Materials received after this date will not be considered. Applicants will be notified by email within 4-6 weeks about whether they will be invited to interview.

**AN AUTOBIOGRAPHICAL STATEMENT** (250 word limit) in which you describe the origin and development of your motivation to be a physician with steps taken to explore a career in medicine, eventual professional goals, and personal attributes that would make you a good physician. If you have already covered these topics in your AMCAS Personal Comments section, please do not repeat them. Instead, use this space to let the Admissions Committee know who you are in addition to being someone who wants to be a physician. Any other issues of importance to the applicant should also be included.

**4 ADDITIONAL SHORT ESSAYS** (250 word limit each) How have your experiences prepared you to be a physician? What perspectives or experiences do you bring that would enrich the class? What obstacles have you experienced and how have you overcome them? How have societal inequities in the U.S. affected you or patients you've worked with?

**For Reapplicants:** From your most recent application until now, how have you strengthened your application?

**LETTERS OF RECOMMENDATION** from a premedical committee OR letters from writers who can speak to one or more of the following: your academic ability, commitment to service, leadership potential, clinical or research experiences, interpersonal skills, ability to function on a team, and/or potential as a physician. The collection of letters should provide a balanced and well-rounded view of your candidacy for medicine. Letters from current employers may be advantageous. We require 3 letters OR a committee letter and will accept up to 3 additional letters. All letters should be submitted via the AMCAS Letters of Evaluation/Recommendation service and received in our office by the secondary application deadline (December 1, 2018).

*Note:* It is strongly encouraged that letters be submitted on university, company, or personal letterhead and signed. Letters of recommendation that are missing letterhead and/or signature will be given less consideration.

**CASPer** is an online situational judgement test which assesses for non-cognitive skills and interpersonal characteristics that we believe are important for successful students and graduates of our program. For the Fall 2019 application cycle, the UWSOM will use the results of the assessment as information only to determine its utility in our current admissions process. Test results will NOT be used for admissions decisions.

**A \$35 APPLICATION FEE** is non-refundable and must be received in our office by 5:00 PM (PST) December 1, 2018. Applicants must submit an electronic payment, check or money order. Cash will not be accepted. This will automatically be waived for those who have qualified for AMCAS fee waivers. Others seeking a waiver should submit requests directly to the UWSOM, Office of Admissions.

**ON-LINE ACKNOWLEDGMENT** of having read, understood and being able to meet—with or without reasonable accommodation 1) "Essential Requirements of Medical Education at the University of Washington School of Medicine: Admission, Retention and Graduation Standards." 2) Acknowledgment and acceptance of the clinical clerkship rotation policy and 3) The UW School of Medicine Honor Code.

**IN ADDITION** applications will not be considered from persons who have failed to meet minimum standards at this or any medical or dental school. All acceptances are contingent on a criminal background check. Falsifying information may lead to the withdrawal of an acceptance.



## TRUST (TARGETED RURAL UNDERSERVED TRACK):

[depts.washington.edu/fammed/education/programs/trust/apply](http://depts.washington.edu/fammed/education/programs/trust/apply)

The TRUST program is an integrated pathway for medical students interested in careers working in underserved rural communities and small cities in the WWAMI states. Beginning the summer before medical school and continuing throughout the curriculum, TRUST scholars learn first hand what it means to be a physician practicing in these areas. Admission consideration for the TRUST program is given during the regular admission application process. Residents of each WWAMI state are eligible to apply to the TRUST program for their respective state.

## MEDICAL SCIENTIST TRAINING PROGRAM (MD/PHD PROGRAM):

[mstp.washington.edu](http://mstp.washington.edu)

The MSTP at the University of Washington is dedicated to the training of medical scientists who desire to carry out fundamental research in clinically important human diseases. Potential trainees are interviewed by the MSTP committee for acceptance to both the University of Washington School of Medicine and to the Graduate School for the Ph.D. degree. The typical program is eight years in duration and emphasizes continuity of both clinical and basic science exposure. After the University of Washington School of Medicine Office of Admissions receives the AMCAS application, applicants may submit a MSTP application on-line. Applicants should contact the MSTP office for application deadlines and other information: [mstp@uw.edu](mailto:mstp@uw.edu) or 206.685.0762

*The University of Washington ensures equal opportunity in education regardless of race, color, creed, religion, national origin, sex, age, marital status, sexual orientation, gender identity or expression, disability, disabled veteran or Vietnam era veteran status in accordance with University policy and applicable federal and state statutes and regulations.*



## WWAMI SITES:

The University of Washington School of Medicine is nationally recognized for its excellent regional training program (WWAMI). In addition to providing unique clinical learning opportunities, the WWAMI program allows a small group learning experience in The Foundations Phase. Students from Wyoming, Alaska, Montana, and Idaho complete the Foundations Phase of the curriculum in their respective home states. Washington students have the option of spending the 18 month Foundations Phase of medical school in either Spokane or Seattle.

All WWAMI sites offer outstanding educational opportunities with identical course objectives and common exams. College mentors, preceptors, student interest groups, and other learning and personal resources are available at all sites. More information about the Foundations Phase is available at:

<http://www.uwmedicine.org/education/md-program/admissions/curriculum-preview>





## The University of Washington School of Medicine is looking for individuals who have:

- the academic ability to complete medical training and pass licensure examinations
- sufficient knowledge of the practice of medicine to demonstrate they are making an informed career decision
- good communication and interpersonal skills
- awareness of current problems facing medicine and society in the U.S.
- problem solving and analytic ability
- familiarity with ethical issues in medicine
- broad interests and diverse life experiences
- a record of service to others

We also consider motivation, maturity, personal integrity, and demonstrated humanitarian qualities. All applicants are expected to have seriously investigated the challenges involved with a career as a physician before they submit their application. Ideally, one should spend at least 40 hours shadowing one or more physicians to develop an understanding of the physician-patient relationship and the joys and frustrations that doctors deal with daily.

Historically, more than 95% of acceptances to the MD program have been applicants from Washington, Wyoming, Alaska, Montana, or Idaho (WWAMI region). Applicants from outside this region who have demonstrated an exceptional commitment to serving underserved populations and/or who come from disadvantaged backgrounds will be considered for admission.

Important academic objectives are furthered by classes composed of students having talents and skills derived from diverse backgrounds. An applicant will be regarded

as potentially contributing to student diversity if his or her background or experience would not ordinarily be well represented in the student body. Factors that indicate this diversity include, but are not limited to, the following: persevering against substantial obstacles such as prejudice or discrimination, economic disadvantage, family or personal adversity or other social hardships; having lived in a foreign country or spoken a language other than English at home; career goals (with particular attention paid to the applicant's commitment to public service); employment history; educational background (including graduate study); evidence of and potential for leadership (perhaps demonstrated by extracurricular, school, civic, or community service achievement); special talents (such as a career as a performance artist); geographic diversity; or unique life experiences. This list is not exhaustive, and no single factor is dispositive. Furthermore, no factor will confer admission on an academically unqualified applicant. Applicants are invited to describe these and other aspects of their backgrounds that would add to the diversity of the medical school community.



**UW School of Medicine  
Office of Admissions:**  
A-300 Health Sciences Center  
BOX 356340  
1959 NE Pacific St  
Seattle, WA 98195-6340  
206.543.7212  
askuwsom@uw.edu  
uwmedicine.org/admissions

**UW School of Medicine  
Financial Aid Office:**  
T-557 Health Sciences Center  
BOX 357430  
1959 NE Pacific St  
Seattle, WA 98195-7430  
206.685.2520  
somfao@uw.edu  
uwmedicine.org/financialaid

**UW Medical Scientist  
Training Program (MSTP):**  
I-264 Health Sciences Center  
BOX 357470  
1959 NE Pacific St  
Seattle, WA 98195-7470  
206.685.0762  
mstp@uw.edu  
mstp.washington.edu

**UW Center for Health Equity,  
Diversity and Inclusion (CEDI):**  
A-300 Health Sciences Center  
BOX 356340  
1959 NE Pacific St  
Seattle, WA 98195-6390  
206.685.2489  
mycedi.org

**TRUST (Targeted Rural  
Underserved Track):**  
E-304 Health Sciences Center  
BOX 356390  
1959 NE Pacific St  
Seattle, WA 98195-6390  
206.543.9425  
depts.washington.edu/fammed/  
education/programs/trust