Clinical Training in Alaska
2015-2016

Thomas S Nighswander MD MPH
Assistant Regional Dean
Alaska WWAMI Office
Clinical training in Alaska for Medical Students

- WRITE Students
- Track Students
- WWAMI Safari
Alaska WWAMI Rural Integrated Training Experience
Juneau Clinical Experience: two WRITE Programs

Valley Medical Care Clinic,
- a full spectrum family medicine practice, private practice with 8 physicians

Ethel Lund Tribal Health Clinic,
- full spectrum family medicine with emphasis on population medicine

Bartlett Memorial Hospital.

Wildflower Court Nursing Home.
Juneau is where??

- 900 air miles north of Seattle and
- 600 air miles south of Anchorage.
- Reachable by Air or Water..no roads lead to Juneau
- Small strip of land between sea level and 3800 feet peaks.
- 3,248 square mile size
  - 928 square miles of ice cap,
  - 704 square miles of water
  - 1,352 square miles of wilderness
- No Ob/GYN-all deliveries are done by Family Practitioners
WRITE at the Valley Medical Clinic

- **Primary Preceptors:**
  - Bob Urata, M.D.
    - Former Alaska WWAMI
    - Active in Alaska Health Policy Issues
  - Richard Welling, M.D.
    - Former Alaska WWAMI
    - In the practice for over 10 years
Showing the Clans - Ethel Lund
Tribal Health Clinic
Young Folks are Involved
The Ethel Lund Clinic
• Serves the Alaska Native/American Indian Population.- mainly Tlingit and Haida
• Staffed by 12 Family Medicine Physicians as well as several mid-level positions.
• Focus on population medicine with a cross cultural orientation
Jessica Scott MD, Alaska
WWAMI and Tribal Member

Janice Sheufelt MD, Clinical Director and Tribal Member
Bartlett Memorial Hospital

- Thirty three physician staff
- No OB/GYN
- Newly remodeled facility
- Attached long term care
- In patient psychiatry
- Full service, but critical access hospital
Internal Medicine in Juneau
Kodiak Archipelago
What is Kodiak Like?

- Second largest island in the United States
- Largest fishing port in the United States
- Home of the largest Coast Guard Base
- Total Population 13000
- Kodiak brown bear population (the world's largest carnivore): 3000 – personal safety?
- Two-thirds of the island has been set aside to form the Kodiak National Wildlife Refuge 2491 square miles
- Settled by Russians in 1792
- There are less than 100 miles of road on the island
- Traditional home of the Aleutiiq people
Kodiak Community Health Center

- Home for the WRITE students
- Three Family Medicine Physicians
- Director Paul Zimmer MD MPH
Kodiak Island Medical Associates

- Full Service primary care clinic
- Five family practitioners, two internists, one physician assistant, and a nurse practitioner.
- Coverage of the hospital’s emergency room, obstetrics and inpatient medical care.
Kodiak Area Native Association (KANA) Clinic

- Tribally operated clinical program for the Aleutiiq Tribe.
- Direct services to seven tribal clinics in the Kodiak Villages as well as tribal members who live in the city.
Providence Kodiak Island Medical Center

- 25 acute care beds, including 4 birthing suites and 2 psychiatric care beds
- Staffed by a mix of primary care physicians, surgeons and specialists
  - family practice,
  - internal medicine,
  - obstetrics,
  - surgery
WRITE in Wasilla
Hiking the Butte
Solstice Family Care

- Directed by Dr Barb Doty
  - Pilot and rural practice enthusiast
  - 25 years of practice in the Valley
  - Recognized nationally and internationally because of her work advocating rural practice and clinical training
  - On Board of Directors of the Alaska Academy of Family Residency
- Full Spectrum Family Medicine
- 3 physicians on staff
- Associated with Cathy Baldwin Johnson
  - Recognized as the USA Family Practitioner of the year 2002
Solstice Family Care

- Full Service Family Medicine including C sections
- 300 deliveries a year
- Three Family Practice Physicians, one an avid dog musher with 25 dogs
- Midlevel practitioner
- Established Electronic Medical Record
- New Clinic
Alaska Track
Centers of Training - Required Clerkships

- Anchorage
- Fairbanks
- Juneau
- Petersburg and Sitka

If you do the WWAMI Safari and these will be on your menu
Anchorage

- Family Medicine
  - Family Medicine Residency Program
- Surgery
  - Providence Alaska Medical Center
- Ob/Gyn
  - Alaska Woman's Health Clinic
- Pediatrics
  - Anchorage- multiple private practices and the Children's Hospital
- Psychiatry
  - Alaska Psychiatric Institute
- Internal Medicine
  - Multiple providers and both hospitals
Anchorage – typical 4th year required

- Emergency Medicine
  - Providence Hospital
- Chronic Disease
  - Pain Control
    - Advance Pain Centers of Alaska
  - Palliative Care
    - Palliative care Providence
- Neurology
  - Alaska Native Medical Center or Private practice
Fairbanks – 3rd and 4th options

- Surgery
  - Bartlett Memorial Hospital

- Emergency Medicine
  - Bartlett Memorial Hospital

- Ob/Gyn
  - Private practice

- Chronic Care
  - Fairbanks Pain Center
Juneau Required Clerkships

- Family Medicine
  - Valley Medical Center
- Psychiatry
  - Bartlett Inpatient Psychiatry Unit
- Emergency Medicine
  - Bartlett Emergency Room
Petersburg and Sitka

- Family Medicine
Seminar Series - Alaska Focus

- Frostbite
- Global Warming and its effect on Arctic Health
- The ABC’s of Hepatitis and Alaska’s Approach to Community Control
- Lifeguard evacuation services and how to use them
- Case conferences with Alaska’s State Medical Examiners office.
Teaching First Year Students