

ADVANCED MANUAL THERAPY & SPORTS REHABILITATION

Advanced Manual Therapy & Sports Rehabilitation, a division of Northwest Hospital's The Sports Medicine Clinic, is an orthopedic physical therapy group that provides expert sports and orthopedic rehabilitation through manual therapy, a method that employs skilled hand techniques and exercises to decrease pain, swelling and inflammation while improving coordination, mobility and strength in muscles and joints.

The Advanced Manual Therapy & Sports Rehabilitation team includes sports, orthopedic and manual therapy specialists with fellowship and residency training in orthopedic manual physical therapy who provide assessment, evidence-based treatment, and individualized planning to help patients to return to their athletic pursuits and daily activities. We offer comprehensive pre- and post-surgical care, including orthopedic rehabilitation, treatment for sports or work injuries and motor vehicle accidents, podiatry services and therapy for the neck, back, shoulder, elbow, wrist, hip, knee, ankle, hands and feet.



Our locations

Advanced Manual Therapy & Sports Rehabilitation offers convenient hours, including Saturdays, at two locations:

North Seattle

Northwest Outpatient Medical Center
10330 Meridian Ave. N, Suite 300
Seattle, WA 98133

Ballard

1455 N.W. Leary Way, Suite 150
Seattle, WA 98107

For more information or appointments

Call 206.782.0218 or visit advancedmanualtherapy.org.

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Meet Our Team



**Thomas Gardner, D.P.T., A.T.C.,
F.A.A.O.M.P.T.**

Certifications: Certified Athletic Trainer;
Fellow, American Academy of Orthopedic
Manual Physical Therapists
Specialties: Complex shoulder and ankle/
foot problems



Christopher Glatz, P.T., C.O.M.T.

Certifications: Manual therapy certificate
Specialties: General injury treatment,
including spine, shoulder and knee
conditions.



**Vicki Luebke, P.T.,
F.A.A.O.M.P.T.**

Certifications: Manual therapy and sports
medicine certificates; Fellow, American
Academy of Orthopedic Manual Physical
Therapists
Specialties: Complex sports injuries; foot
and ankle problems, especially related to
running



**Brian Matheson P.T., D.P.T.,
C.O.M.T.**

Certifications: Certificate in manual thera-
py
Specialties: Rehabilitation of knee injuries



Jon Younger, D.P.T., C.O.M.T.

Certifications: Resident-trained manual
therapy
Specialties: Treatment of sports injuries
and exercise education to prevent and
treat injuries