

UW Medicine

# HIGH-RISK PREGNANCY CONSULTATION

UW Medicine obstetrics is dedicated to the health and well-being of women and their babies. As a regional leader, we offer highly specialized care and educational programs for women and families with health conditions or special challenges that may complicate pregnancy and birth.

UW Medicine's maternal fetal medicine specialists consult on pregnancies at risk for preterm delivery and maternal conditions such as diabetes, hypertension and diseases of the heart, kidneys, lungs and immune system. They also consult and provide prenatal screening, counseling and diagnosis of suspected fetal anomalies and genetic conditions.



## ***Prematurity Prevention & Multiple Births Programs***

Our programs offer early evaluation, education and treatment for women who are at risk for preterm labor or birth, as well as those with the special challenges of pregnancy with multiples (twins or more).

## ***Diabetes and Pregnancy Program***

A team of specialists offers comprehensive prenatal care to women with Type 1 & Type 2 diabetes, women who develop diabetes during pregnancy (gestational diabetes) and women with diabetes who are considering pregnancy. Our team provides treatment, counseling, education and blood sugar management strategies to help women before, during and after pregnancy.

## ***Hypertension and Pregnancy Program***

Our specialized care team offers blood pressure evaluation, counseling and monitoring to women with hypertension who are considering pregnancy or are currently pregnant. The goals of care include blood pressure management, as well as strategies to decrease the likelihood of developing complications of high blood pressure.

## ***Complex Medical Conditions***

We have maternal fetal medicine specialists who are experts in the care of pregnant women with highly complex medical conditions including:

- Renal disease/dysfunction
- Solid organ transplant
- Congenital or acquired cardiac disease
- Pulmonary diseases (Cystic Fibrosis)
- Endocrine and other metabolic disorders
- Cancer

## ***Viral Illness Program***

We are foremost in the region in caring for women who are planning pregnancy or have a pregnancy complicated by communicable infections, such as HIV, herpes simplex and hepatitis.



For more information, including how to refer a patient, please visit [uwmedicine.org/obstetrics](http://uwmedicine.org/obstetrics).



### **Prenatal Diagnostic Services**

Our team of maternal fetal medicine doctors and genetic counselors has expertise in detecting many fetal conditions that may be diagnosed before birth. Prenatal screening, fetal diagnostic testing, potential treatment and comprehensive prenatal genetic counseling is available to assist our patients in making informed decisions about their pregnancy.

### **Neonatal Intensive Care**

Our neonatologists bring extensive experience and great compassion in caring for not only the smallest infants but families with multiples.

UW Medical Center’s state of the art Level III NICU can accommodate 50 infants in 39 single rooms and four rooms for twins or triplets, making it one of the largest neonatal ICUs in the Pacific Northwest.

Valley Medical Center houses the only Level III NICU between Seattle and Tacoma, with neonatology specialists in-house 24-hours a day. Staff members also practice developmental care, which research attributes to more positive outcomes in the sickest infants.

### **Patient Care Locations**

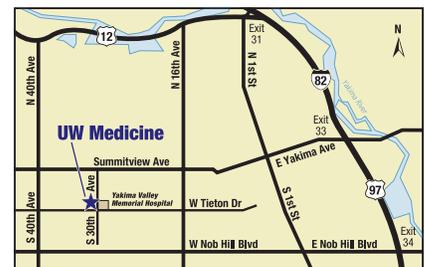
UW Medicine offers high-risk pregnancy consultation at the following clinical sites.

**Maternal and Infant Care Clinic at UW Medical Center**  
1959 N.E. Pacific St.  
Seattle, WA 98195  
206.598.4070

**UW Medicine Maternal Fetal Medicine Clinic at Yakima Valley Memorial Hospital**  
3003 Tieton Drive, Suite 240  
Yakima, WA 98902  
1.855.464.6298

**UW Medicine Maternal Fetal Medicine Clinic located in Arlington**  
3823 172nd St. N.E.  
Arlington, WA 98223  
1.844.657.4532

**Maternal Fetal Medicine Clinic at Valley Medical Center**  
4033 Talbot Road S., Suite 450  
Renton WA 98055  
425.656.5520



UW Medicine Maternal Fetal Medicine Clinic at Yakima Valley Memorial Hospital



UW Medicine Maternal Fetal Medicine Clinic located in Arlington