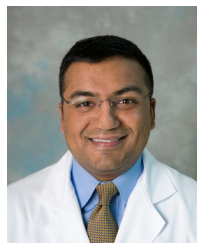


## MEET OUR SURGICAL TEAM

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At UW Medicine, our weight loss team helps patients who are obese shed pounds and regain their health. We've been providing expert, compassionate care for more than 30 years and understand how important the weight loss process is to our patients' lives. That's why we are dedicated to supporting you every step of the way—from the initial consultation through treatment and comprehensive follow-up care.

Our multidisciplinary team consists of experienced bariatric surgeons, internal medicine physicians, nurse practitioners, social workers, and registered dietitians with the clinical knowledge and expertise to offer the best weight loss care available. We first carefully assess your health history, medical issues and body type. Then we'll discuss the various weight loss options, making sure that you receive the support and education you need to make an informed decision. The combination of customized care, innovative treatments, education about your weight loss options and continual support ensure that you can meet your weight loss goals.



**SAURABH KHANDELWAL, M.D.**

Co-Director, UW Medicine Weight Loss Management Center

**Board-certified:** general surgery

**Clinical practice:** minimally invasive surgery, bariatrics

**Research interests:** clinical outcomes research, surgical education and training



**JUDY CHEN, M.D. F.A.C.S., F.A.S.M.B.S.**

Assistant Professor of Surgery

**Board-certified:** general surgery, obesity medicine

**Clinical practice:** obesity medicine, clinical outcomes and patient advocacy

**Research interests:** obesity, metabolic medicine, adult and pediatric chronic disease management



**DEBRA CLANCY, R.D.N.**

Clinical Dietitian

**Clinical practice:** weight loss surgery, weight loss management

**Interests:** mindful eating, diabetes management, kidney disease, dumping syndrome, nutrition support, short bowel syndrome



**PATTEI HARDMAN, A.R.N.P.**

Nurse Practitioner

**Board-certified:** family nurse practitioner

**Clinical practice:** weight loss surgery

**Interests:** weight loss support, exercise, women's health

(over)



Need more information?

Contact our weight loss team at 206.598.2274 or visit us online at [uwmedicine.org/weightloss](http://uwmedicine.org/weightloss).



**KIM HERZOG, P.A.-C.**

Physician Assistant

**Clinical practice:** weight loss surgery

**Interests:** nutrition, exercise, cooking, mindful eating, teaching healthy lifestyle habits



**TERESA HOLDER, L.I.C.S.W.**

Social Worker

**Clinical practice:** weight loss management

**Interests:** cognitive behavior therapy, motivation interviewing, helping people



**VANESSA IMUS, R.D.N.**

Clinical Dietitian

**Clinical practice:** weight loss management

**Interests:** diabetes management, gut health, autoimmune diseases, nutrition for chronic disease prevention and optimal health



**RUTH FOSTER KOTH, L.I.C.S.W.**

Social Worker

**Clinical practice:** weight loss management

**Interests:** cognitive behavior therapy, motivation interviewing, behavioral activation body image and weight issues, dynamics of aging, group work, mindfulness techniques



**JENNI ROSS, M.P.H., R.D.N.**

Clinical Dietitian

**Clinical practice:** weight management support, weight loss surgery

**Interests:** weight management support, overcoming weight bias and stigma, supporting healthy body image and self-concept, applying sound research to nutrition clinical practice, clinical weight issues within a social and public health context