

MEMORY AND BRAIN WELLNESS CENTER



At the UW Medicine Memory and Brain Wellness Center, our multi-disciplinary team specializes in the care of patients with neurodegenerative disorders — such as Alzheimer’s disease, Lewy body disease, frontotemporal dementia and other ailments that affect cognitive ability — and advancing the innovative treatments for these conditions. The center consists of experienced and skilled neurologists, psychiatrists, neuropsychologists, geriatricians, social workers and nurse practitioners who collaborate on the diagnosis and treatment of patients with neurodegenerative disorders. Research scientists in the center are investigating early diagnosis and intervention, as well as treatments designed to slow the progression of the disease.

The Memory and Brain Wellness Center unites:

- **The UW Medicine Memory and Brain Wellness Clinic:** Diagnosis, treatment and ongoing care for patients who have disorders that cause amnesia and dementia;
- **The UW Alzheimer’s Disease Research Center (ADRC):** One of 29 Alzheimer’s centers funded by the National Institutes of Health (NIH); and
- **The Pacific Northwest Udall Center (PANUC) for Parkinson’s Disease Research:** One of 10 NIH-funded Centers of Excellence for Parkinson’s research in the United States, and one of only two focused on cognitive impairment and dementia in patients with Parkinson’s.

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For referral or appointment

Call the UW Medicine Contact Center at **206.520.5000**.

Individualized care, exceptional service

Our clinical team understands the impact that neurodegenerative disorders can have on our patients and their families. That's why we are dedicated to supporting you every step of the way — from the initial consultation through treatment and comprehensive follow-up care.



We are interested in seeing patients at the beginning of these problems, including those experiencing very mild cognitive impairment, because accurate and early diagnosis means more time to plan, participate in research and participate in decisions about care.

Our multidisciplinary team first carefully assesses each person's health history, symptoms and current condition. Tests may be ordered which can include neuropsychological testing, imaging, laboratory and genetic testing. We bring the patient, the patient's family and the entire care team together to better understand the patient, their diagnosis and prognosis, and to tailor treatment options. Following diagnosis, our social workers and nurse practitioners help patients and their families learn more about care for these disorders, maintaining hope, staying connected, embracing preserved capabilities, as well as accessing community services that can be integrated into the plan of treatment.

Our combination of customized care, education about each patient's options and ongoing support ensures that they receive the right treatment and appropriate follow-up care.