Advanced Manual Therapy & Sports Rehabilitation, a division of Northwest Hospital’s The Sports Medicine Clinic, is an orthopedic physical therapy group that provides expert sports and orthopedic rehabilitation through manual therapy, a method that employs skilled hand techniques and exercises to decrease pain, swelling and inflammation while improving coordination, mobility and strength in muscles and joints.

The Advanced Manual Therapy & Sports Rehabilitation team includes sports, orthopedic and manual therapy specialists with fellowship and residency training in orthopedic manual physical therapy who provide assessment, evidence-based treatment, and individualized planning to help patients to return to their athletic pursuits and daily activities. We offer comprehensive pre- and post-surgical care, including orthopedic rehabilitation, treatment for sports or work injuries and motor vehicle accidents, podiatry services and therapy for the neck, back, shoulder, elbow, wrist, hip, knee, ankle, hands and feet.

**Our locations**
Advanced Manual Therapy & Sports Rehabilitation offers convenient hours, including Saturdays, at two locations:

**North Seattle**
Northwest Outpatient Medical Center
10330 Meridian Ave. N, Suite 300
Seattle, WA 98133

**Ballard**
1455 N.W. Leary Way, Suite 150
Seattle, WA 98107

**For more information or appointments**
Call 206.782.0218 or visit advancedmanualtherapy.org.
Meet Our Team

**Thomas Gardner, D.P.T., A.T.C., F.A.A.O.M.P.T.**
**Certifications:** Certified Athletic Trainer; Fellow, American Academy of Orthopedic Manual Physical Therapists  
**Specialties:** Complex shoulder and ankle/foot problems

**Christopher Glatz, P.T., C.O.M.T.**
**Certifications:** Manual therapy certificate  
**Specialties:** General injury treatment, including spine, shoulder and knee conditions.

**Vicki Luebbe, P.T., F.A.A.O.M.P.T.**
**Certifications:** Manual therapy and sports medicine certificates; Fellow, American Academy of Orthopedic Manual Physical Therapists  
**Specialties:** Complex sports injuries; foot and ankle problems, especially related to running

**Brian Matheson P.T., D.P.T., C.O.M.T.**
**Certifications:** Certificate in manual therapy  
**Specialties:** Rehabilitation of knee injuries

**Jon Younger, D.P.T., C.O.M.T.**
**Certifications:** Resident-trained manual therapy  
**Specialties:** Treatment of sports injuries and exercise education to prevent and treat injuries